


Thank you so much to the EFNA for the award – this is the first time I have received a formal recognition for it and that means a lot.

I founded the Attention UK campaign to raise awareness about adult ADHD, the stigma that adults with ADHD face on a daily basis, and the lack of support for adults with ADHD across the UK.

The stigma associated with ADHD is really significant. As an adult with ADHD I'm 9x more likely to go to prison, with forty percent of long term prison inmates thought to have untreated ADHD. ADHD stigma is the result of misinformation and misrepresentation about ADHD around the world, particularly from the media. My website exists to provide evidence based information about ADHD for other patients with ADHD to use to get their voices heard and their disability taken seriously. We have also developed Guidelines for the Media to use when reporting on ADHD or featuring characters with ADHD in their work – because it's important for the public to realise that people with ADHD aren't always hyperactive troublemakers or poorly parented children.

Our twitter handle is @ADHDcampaign and our website is www.attentionuk.org – we would love your support. Lastly, I'd like to say a huge thank you to ADHD Europe nominating me for this award and enabling me to be here today.

Poppy Ellis-Logan
20 November 2018

 **WILL YOU PAY #ATTENTIONUK ?**

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It's time to change. It's time to pay #AttentionUK.

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