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## EFNA - 3rd Advocacy Awards 20 November 2018



Good evening ladies and gentleman. Thank you all for joining us for the EFNA celebratory dinner. Andrea Bilbow OBE, President of ADHD Europe was to present the EFNA Neurology Advocacy Award 2018 in the category of young digital advocate tonight but due to other commitments I was given the honor to announce this award.

Our young advocate nominee for this award has optimized digital tools/technologies in raising awareness of a ADHD which is a neurological disorder and its impact; contributing to increased understanding amongst the patient community. We are extremely proud of our nominee who has illustrated the importance of digital advocacy and has shown commitment to spreading awareness ~ breaking stigma of ADHD.

ADHD-Europe nominated this person because they are the most extraordinary and remarkable person who only wishes to help others inspite of her own complex neurological differences. While at Cambridge University our nominee was awarded the Westall Prize upon graduation for “making a most outstanding contribution to College life and helping students and others above and beyond the call of duty.” They have also spoken on the radio several times over the past few months against ADHD stigma - has created the online support group for students with ADHD at Cambridge University which now has over 100 members who have become co supportive.

This young woman has been a volunteer at ADHD Europe and ADDISS in the United Kingdom; and also working as a Mental Health worker in an Adult ADHD Clinic. A press-release will be out shortly on our website and social media about more detailed information of our Advocacy Winner and her accomplishments. We are pleased to announce that the winner of this award is our friend and colleague Poppy Ellis-Logan.

## ADHD EUROPE

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